

PACIFIC COLLEGE OF ORIENTAL MEDICINE NY

BOOK LIST – SPRING 2008

FUNDAMENTALS OF CM 1 (A267)

Required Texts:

Wiseman, N. & Ellis, A. (1996). Fundamentals of Chinese Medicine. Paradigm Publications: Brookline, MA. (FCM)

Wiseman and Feng (1998) Practical Dictionary of Chinese Medicine. Paradigm Publications: Brookline, MA. (PD)

Damone (2005). Fundamentals of Chinese Medicine I: Course Reader.

FUNDAMENTALS OF CM 2 (A366)

Required Texts:

Fundamentals of Chinese Medicine. Wiseman, N. & Ellis, A. (1996). Paradigm Publications: Brookline, MA. (FCM)

Practical Dictionary of Chinese Medicine Wiseman and Feng (1998), Paradigm Publications: Brookline, MA. (PD)

Fundamental of Chinese Medicine II: Course Reader PCOM Faculty (2004), College Bookstore (CR)

FUNDAMENTALS OF CM 3 (A466)

Required Texts

Practical Diagnosis in Chinese Medicine Deng, Tietao (2000) Churchill Livingstone (D)

Fundamentals of Chinese Medicine. Wiseman, N. & Ellis, A. (1996). Paradigm Publications: Brookline, MA. (FCM)

Practical Dictionary of Chinese Medicine Wiseman and Feng (1998) Paradigm Publications: Brookline, MA. (PD)

RECOMMENDED TEXTS:

Tongue Diagnosis in Chinese Medicine, Maciocia

Secret of Chinese Pulse Diagnosis, Flaws

Foundations of Chinese Medicine, Maciocia (2005)

FUNDAMENTALS OF CM 4 (A477)

Required Texts:

Practical Diagnosis in Traditional Chinese Medicine. Deng, Tietao (1999). Churchill Livingstone: Edinburgh. (PD)

Fundamentals of Chinese Medicine. Wiseman, N. & Ellis, A. (1996). Paradigm Publications: Brookline, MA. (FCM)

Practical Dictionary of Chinese Medicine. Wiseman and Feng (1998). Paradigm Publications: Brookline, MA. (PDCM)

Fundamentals of Chinese Medicine IV Course Reader. Damone (2006). College Bookstore

Recommended Texts

Acupuncture Patterns & Practice. Li & Zhao (1993). Eastland Press: Seattle, WA. (APP)
Patterns & Practice in Chinese Medicine. Zhao & Li (1998). Eastland Press: Seattle, WA.
(PPCM)

ACUPOINTS 1 (A337)

REQUIRED TEXTS:

Chinese Acupuncture and Moxibustion (Foreign Language Press)

RECOMMENDED TEXT:

A Manual of Acupuncture, Peter Deadman & Mazin Al-Khafaji
(A Manual of Acupuncture Point Cards are also a useful study tool.)
Any medical dictionary.

ACUPOINTS 2 (A 338)

REQUIRED TEXTS:

Point Location Workbook

Chinese Acupuncture and Moxibustion, (Foreign Language Press)

***BRING TO CLASS EACH WEEK**

RECOMMENDED TEXTS:

A Manual of Acupuncture (Deadman, Al-khafaji, Baka)

ACUPOINTS 3 (A437)

REQUIRED TEXTS:

Chinese Acupuncture and Moxibustion (Xinnong)

The Foundations of Chinese Medicine 2nd Edition (Maciocia)

RECOMMENDED:

Acumoxa Therapy (Richard Feit, Paul Zmiewski)

Fundamentals of Chinese Acupuncture (Ellis, Wiseman, Boss)

A Manual of Acupuncture, (Peter Deadman)

ACUPOINTS 4 (A438)

REQUIRED TEXTS:

1. A Manual of Acupuncture, Deadman
2. Acupuncture, A Comprehensive Text
3. Foundations of Chinese Medicine, Maciocia
4. Chinese Acupuncture and Moxibustion

RECOMMENDED TEXTS:

Navigating the Channels, Ni
The Secondary Vessels of Acupuncture, Low
The Channel Divergences, Shima, and, Chase

ACUPOINTS 5 (A537)

REQUIRED TEXT:

Chinese Acupuncture & Moxibustion; Xinnong
Acupuncture: A Comprehensive Text; Eastland Press
The Foundations of Chinese Medicine; Maciocia
A Manual of Acupuncture; Deadman, Al-Khafaji

HERB 1 (H315)

REQUIRED TEXTS and ONLINE RESOURCES:

Chinese Herbal Medicine: Materia Medica, Bensky, Clavey and Stoger, Eastland Press, 2004.
(BC)
Fundamentals of Chinese Medicine, Wiseman and Ellis, Paradigm Publications. Brookline: 1995.
(WE)
Course Notebook (PDF) – available for download at secure.pacificcollege.edu
“Recognition and Prevention of Herb-Drug Interaction”, Chen, J., Ph.D., Pharm.D., OMD, L.Ac.
- available for download at secure.pacificcollege.edu
"The Interactions of Herbs and Drugs" by Subhuti Dharmananda, Ph.D.- available for download
at secure.pacificcollege.edu
Introduction to Herbology online resources at <http://www.chineseherbacademy.org/moodle>

RECOMMENDED RESOURCES:

Chinese Herbal Medicine: Formulas and Strategies, Bensky and Barolet, Eastland Press, 1990.
Ten Lectures in the Use of Medicinals From the Personal Experience of Jiao Shu De, Translated
by Craig Mitchell, Shelley Oak, Marnae Ergil, and Nigel Wiseman. Edited by Andrew Ellis
Dui Yao, Sionneau, Blue Poppy Press, 1997
Pao Zhi, Flaws, Blue Poppy Press, 1995
A Practical Dictionary of Chinese Medicine, Wiseman and Ye, Paradigm Publications, 1998
The Illustrated Chinese Materia Medica, Yen, Taipei, 1992 - source for course reader photos
A Coloured Atlas of the Chinese Materia Medica Specified in Pharmacopoeia of the People's
Republic of China (1995 Edition)

Wenlin Software for Learning Chinese - source for online reader sounds

Chinese Herb Academy - join the forum to have access to leading experts in the field and all the
latest news and commentary

HERB 2 (H316)

REQUIRED TEXT:

Materia Medica, Third Edition, Bensky, Clavey, Stoger. (BCS)

Fundamentals of Chinese Medicine, Ellis, Wiseman, Boss(EWB)

RECOMMENDED TEXTS:

260 Essential Chinese Medicinals
Clinical Guide to Chinese Herbs and Formulae
Chinese Herbal Medicinals Formulas and Strategies
Practical Dictionary of Chinese Medicine
Dui Yao - Art of Combining Chinese Medicinals

HERB 3 (H416)

REQUIRED TEXTS:

Chinese Herbal Medicine; Materia Medica, 3rd Edition by Bensky, Clavey and Stoger
Eastland Press, 2004

RECOMMENDED TEXTS:

A Clinical Guide to Chinese Herbs and Formulae, Chen Song Yu and Li Fei, Churchill Livingstone,
1993
A Practical Dictionary of Chinese Medicine, Nigel Wiseman and Feng Ye,
Paradigm Publications, 1998.
Fundamentals of Chinese Medicine, Wiseman and Ellis, Paradigm, 1995

MEDICAL CHINESE (A244)

REQUIRED TEXTBOOKS:

Essential Medical Chinese by Han
Chinese Herbal Medicine Materia Medica by Dan Bensky, et. al.
Grasping the Wind, An Exploration into the Meaning of Chinese Acupuncture Point
Names by Andrew Ellis, et al.

RECOMMENDED TEXTBOOKS:

A Practical Dictionary of Chinese Medicine, Second Edition, by Nigel Wiseman and
Feng Ye. Paradigm Publications 1998
Learn to Read Chinese, Audio Pronunciation Guide, by Paul U. Unschuld, Paradigm
Publications

Reference Text:

1. English-Chinese/Chinese-English Dictionary by Wiseman
2. Chinese, The Easy Way by Williams and Wu

3. What's in a Chinese Character by Tan Huay Peng
4. Fun with Chinese Characters by The Straits Times Collection 1-3
5. Teach yourself to read Modern Medical Chinese by Bob Flaws
6. Chinese Medical Chinese Grammar and Vocabulary by Nilman Wiseman et. al

Reference Software:

1. Wenlin
2. Language 8.0, Chinese

DX AND TX OF DISEASE 1 (A567)

Required Texts:

Practical Therapeutics of Traditional Chinese Medicine, Yan Wu and Warren Fischer, Paradigm Publications, Brookline, Massachusetts, 1997 (PT)
The Merck Manual, Seventeenth Edition, by committee, Merck Research Laboratories, Whitehouse Station, New Jersey, 1999 (MM)
OM IV Course Reader 2005, Damone (Available in the Bookstore)

Recommended Texts:

Decision Making in Medicine; An Algorithmic Approach, Second Edition, Harry L. Greene II, William P. Johnston, Dawn Lemcke, Mosby, St. Louis, 1998.
Publication Manual of the American Psychological Association, Fifth Edition, American Psychological Association, Washington, D.C., 2001.
Chinese Acupuncture and Moxibustion, Chen Xinnong (Ed.). Foreign Language Press. Beijing, PRC: 1987.
Acupuncture; A Comprehensive Text. O'Connor and Bensky (Trans.). Eastland Press. Seattle, Washington: 1994.

DX AND TX OF DISEASE 2 (A 568)

REQUIRED TEXTS:

Clinical Handbook of Internal Medicine, Volume 1, Will Maclean, Jane Lyttleton, University of Western Sydney Macarthur, Campletown, NSW, Australia, 1998. (CHIM)
Current Medical Diagnosis and Treatment 2001-3 McGraw-Hill Companies, Inc., 2001-5. (CMDT)

Preferred text, or

Merck Manual of Diagnosis and Therapy, Seventeenth Edition or later, Robert Berkow, Editor, Merck & Co, Rathway NJ (MM)

RECOMMENDED TEXTS:

Handbook of Symptom-Oriented Neurology, Third Edition, William H. Olsen, et al., Mosby
The Treatment of Disease in TCM, Volumes 1&4, Phiolippe Sionneau, Lu Gang, Blue Poppy Press, Boulder, CO, 1998. (TODTCM)
Formulas & Strategies, Dan Bensky, Randall Barolet, Eastland Press, Inc., Seattle, WA 1990

DX AND TX OF DISEASE 3 (A569)

Required Texts: (alphabetical by title)

Clinical Handbook of Internal Medicine, Volume 1, Will Maclean, Jane Lyttleton, University of Western Sydney Macarthur, Camletown, NSW, Australia, 1998. (CH)

Current Medical Diagnosis and Treatment 2003 or later, McGraw-Hill Companies, Inc., 2003. (CMDT)

Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition Revised, American Psychiatric Association, Washington D.C., (DSMIV), **smaller “handbook edition” is fine.**

Practical Therapeutics of Traditional Chinese Medicine, Yan Wu and Warren Fischer, Paradigm Publications, Brookline, Massachusetts, 1997 (PT)

The Treatment of Disease in TCM, Volume 1, Diseases of the head and face including mental/emotional disorders, Philippe Sionneau, Lu Gang, Blue Poppy Press, Boulder, CO, 1996. (TD1)

Recommended Texts:

The attached reading list represents a list of texts recommended by faculty listed *in order of importance* (to the student’s experience of this course).

Chinese Medical Psychiatry, Flaws and Lake, Blue Poppy Press, Boulder, CO, 2001 (lots of the pattern diagnoses are taken verbatim from the TD lu/sonnieau series, so save \$ by buying this book, handouts of any pertinent material missing from TD series will be provided) (CMP)

Healing the Soul in the Age of the Brain: why medication isn’t enough, Elio Frattaroli, Viking Press, 2002. (HSAB)

The Treatment of Disease in TCM, Volume 5, Diseases of the chest, abdomen, rib-side, Philippe Sionneau, Lu Gang, Blue Poppy Press, Boulder, CO, 1998. (TD5)

Acupuncture in the Treatment of Depression: a manual for practice and research, R. Schnyer, et al, Churchill Livingstone, 2001.

Soothing the Troubled Mind: Acupuncture and Moxibustion in the Treatment and Prevention of Schizophrenia, Thomas Dey, Paradigm Publications, 1999 (STM)

Decision Making In Medicine; An Algorithmic Approach, Second Edition, Harry L Greene II, William P Johnston, Dawn Lemcke, Mosby, St. Louis, 1998 (DM)

note- DM can mean the book Decision Making in Medicine (but there is always a page number in this case), or the disease Diabetes Mellitus

Treating AIDS with Chinese Medicine, Ryan, Marky Kay, & Shattuck, Arthur D., Pacific View Press, Berkeley, California, 1994. (TACM)

Traditional Chinese Treatment for Hypertension, Hou Jinglun, Academy Press, Beijing, 1995. (TCTH)

AIDS and Chinese Medicine, Zhang & Hsu, Keats Publishing, New Canaan, CT, 1990. (ACM)

Practical Dictionary of Chinese Medicine, Wiseman & Ye, Paradigm Publications, 1998.

Chinese Acupuncture, George Soulie De Morant, Paradigm Publications, Brookline, MA, 1994 (GSDM)

Dragon Rises, Red Bird Flies: Psychology and Chinese Medicine, Leon Hammer, MD, Station Hill Press, Barrytown, NY, 1990.

Acupuncture: a Comprehensive Text, Shanghai College of Traditional Medicine, Eastland Press, Seattle, 1981. (Shanghai)

Clinical Examination, Mosby International, 1997 (CE)

Shang Han Lun/On Cold Damage, Mitchell Ye Wiseman, Paradigm Publications, 1999 (SHL)

Navigating the Channels of TCM, Yitian Ni, Oriental Medicine Center, San Diego, 1996.

The Practice of Chinese Medicine, Maciocia, Giovanni, Churchill Livingstone, New York, NY, 1994. (PCM)

DX AND TX OF DISEASE 4 (A570)

Required Texts

Obstetrics and Gynecology, Third edition, Beckmann, Charles, et al.. New York, Lippincott Williams & Wilkins.1998.

A Compendium of Chinese Medical Menstrual Diseases, Flaws, Bob. Boulder, Blue Poppy Press. 2005.

Obstetrics and Gynecology in Chinese Medicine, Maciocia, Giovanni, Churchill Livingstone, 1998.

The Practical Therapeutics of Traditional Chinese Medicine, Wu, Yan and Fischer, Warren. Brookline, Paradigm Publications, 1997.

DX AND TX OF DISEASE 5 (A668)

Required Texts:

A Handbook of TCM Pediatrics by Flaws, Bob

Acupuncture in the Treatment of Children Chinese , 3rd Edition by Scott, Julian & Barlow, Teresa

Acupuncture Case Histories from China, Edited by Chen Jirui, M.D. and Nissi Wang, MSC

Chinese Pediatric Massage by Cline, Kyle

Recommended Texts

Practical Oncology, by Cameron, Robert B., M.D.

Management of Cancer with Chinese Medicine, by Li Peiwen, Donica Press

Cancer Treatment and Prevention, by Sun, Bin-yan

Pediatrics A Primary Care Approach, Second Edition, by Carol D. Berkowitz

Pediatrics A Problem – Based review by Burg Vaughan-Nelson

Medicine, China Press of Traditional Chinese Medicine, Beijing, IBSN#7-80089-749-4

DX AND TX OF DISEASE 6 (A669)

Required Texts:

Manual of Dermatology in TCM By Shen De-Hui, Wu Xiu-Fen, Nissi Wang, Eastland Press (MAD)

Natural Eye Care: M. Grossman & M. Edson (NEC)

Treatment of Disease in TCM, Vol.2: Diseases of Ear, Eyes, Nose, and Throat by P. Sionneau & Lu Gang (EENT)

Aging and Blood Stasis: A new traditional Chinese medicine approach to geriatrics, De-Xin Yan, Blue Poppy Press (ABS)

RECOMMENDED TEXTS

Principle of Human Anatomy, Gerald Tortora, Harper Collins, any edition

Human physiology Stuart IRA FOX, WCB, 2004

Current Medical Diagnosis and Treatment 2005, McGraw-Hill Companies, Inc., 2005(CMDT)

Clinical Handbook of Internal Medicine, Volume 1 and 2, Will MacLean, Jane Lyttleton, University of Western Sydney Macarthur, and Campton (CH2)

Encyclopedia of Aging: A comprehensive resource in gerontology and geriatrics, Fourth Ed, Schulz and et. , Springer Publications, 2006 (EA)

The Treatment of Disease in TCM, Volume 1, Diseases of the head and face including mental/emotional disorders, Philippe Sionneau, Lu Gang, Blue Poppy Press

Practical Therapeutics of Traditional Chinese Medicine, Yan Wu and Warren Fischer, Paradigm Publications, Brookline, Massachusetts, 1997

The Treatment of Modern Western Medical Diseases with Chinese Medicine; A textbook and clinical manual, Flaws and Sionneau, Blue Poppy Press (TMWM)

Decision Making In Medicine; An Algorithmic Approach, HL Greene, WP Johnson, DP Lemcke 1998

Harrison's Principles of Internal Medicine, 15th Ed, Braunwald

Healing Cuisine of China: 300 recipes for vibrant health and longevity, Ellis and Zhao, Healing Arts Press

The Dao of Increasing Longevity and Conserving One's Life; A handbook of traditional Chinese geriatrics and Chinese herbal patent medicines, Flaws and Lin, Blue Poppy Press, Boulder, Co, 1997 Out of print (Reading Packet available in bookstore) (DILCOL)

DX AND TX OF DISEASE 7 (A670)

Required Texts:

Current Medical Diagnosis and Treatment 2004 (or later), McGraw-Hill Companies, Inc. (CMDT) *Or Merck Manual, or Harrison's Treatment of Modern Western Medical Diseases with Chinese Medicine*, Flaws & Sionneau, Blue Poppy Press, Boulder, CO, 2002 (TMWMD)

Recommended Texts:

Aging and Blood Stasis; a new TCM approach to geriatrics, Yan De-Xin, Blue Poppy Press, Boulder, CA, 1995 (ABS)

Bi Syndromes; or rheumatic disorders treated by traditional chinese medicine, Vangermeersch & Pei-Lin, Satas, Brussels, Belgium, 1994. (BS)

Clinical Handbook of Internal Medicine, Volume 1, Will Maclean, Jane Lyttleton, University of Western Sydney Macarthur, Campton, NSW, Australia, 1998. (CH)

Clinician's Guide to Laboratory Medicine; a practical approach, Desai & Isa-Pratt, Lexi-Comp, Hudson, OH, 2000

Decision Making In Medicine; An Algorithmic Approach, Second Edition, Harry L Greene II, William P Johnston, Dawn Lemcke, Mosby, St. Louis, 1998 (DM)

Harrison's Principles of Internal Medicine, 15th Ed, Braunwald (Ed.), McGraw-Hill Professional Press, 2001. (HP)

Practical Therapeutics of Traditional Chinese Medicine, Yan Wu and Warren Fischer, Paradigm Publications, Brookline, Massachusetts, 1997 (PT)

Treatment of Diabetes Mellitus with Chinese Medicine, Flaws, Blue Poppy Press, CO, 2002. (TDMCM)

Treatment of Disease in TCM, Volume 1, Diseases of the head and face including mental/emotional disorders, Philippe Sionneau, Lu Gang, Blue Poppy Press, Boulder, CO, 1996. (TD1)

Treatment of Disease in TCM, Volume 2, Diseases of the eyes, ears, nose and throat, Philippe Sionneau, Lu Gang, Blue Poppy Press, Boulder, CO, 1996. (TD2)

Treatment of Disease in TCM, Volume 4, Diseases of the neck, shoulders, back, and limbs, Philippe Sionneau, Lu Gang, Blue Poppy Press, Boulder, CO, 1998. (TD4)
Treatment of Disease in TCM, Volume 6, Diseases of the urogenital system & proctology, Philippe Sionneau, Lu Gang, Blue Poppy Press, Boulder, CO, 1999. (TD6)
Treatment of Disease in TCM, Volume 7, General symptoms, Philippe Sionneau, Lu Gang, Blue Poppy Press, Boulder, CO, 2000. (TD7)

SWEDISH MASSAGE 1

REQUIRED TEXTS:

Tappan's Handbook of Healing Massage Techniques (4th Ed.), Tappan & Benjamin
Save Your Hands, Lauriann Greene- Infinity Press, 1995

Recommended Text:

Anatomy Coloring Book, Wynn Kapit & Lawrence Elson- Harper Collins, 2002

SWEDISH MASSAGE 2

REQUIRED TEXTS:

Introduction to Massage Therapy, Mary Beth Braun & Stephanie Simonson- Lippincott
Williams & Wilkins, 2005
Save Your Hands, Lauriann Greene- Infinity Press, 1995

Recommended Text:

Anatomy Coloring Book, Wynn Kapit & Lawrence Elson- Harper Collins, 2002

SHIATSU

REQUIRED TEXTS:

Shiatsu The Complete Guide, Jarmey & Mojay

RECOMMENDED TEXTS:

Zen Shiatsu, Shizuto Masunaga.
The Complete Book of Shiatsu Therapy, Toru Namikoshi.
The Book of Shiatsu, Paul Lundberg.
Chinese Acupuncture and Moxibustion, Xinnong
The Web That Has No Weaver, Ted J. Kaptchuk

BUSINESS FUNDAMENTALS FOR ORIENTAL MASSAGE THERAPIST

REQUIRED TEXTS:

Business Mastery, Cherie M. Sohnen-Moe- Sohnen-Moe Associates, 1997

Recommended Texts:

PR for the Holistic Healer, Andrea Adler- 2001
The Business Planning Guide, David Bangs- Upstart Publishing, 1992
Business Mastery, Cherie M. Sohnen-Moe- Sohnen-Moe Associates, 1997
Marketing Massage, Monica Roseberry- Delmar-Thomson Learning, 2002

The Business of Massage, American Massage Therapy Association, 2002

